



timber spa

■ TIMBER SPA

262-725-9055 | 800-338-5253 x2934



Please contact the Timber Spa located next to the Timber Pool for more information and availability.

■ MASSAGE THERAPY

■ SWEDISH MASSAGE

Come relax and unwind with this personalized massage. Depending on your specific needs, our therapists will provide deep relaxation using gentle to intermediate pressure throughout the entire service.

30 Minutes • \$70 | 60 Minutes • \$100 | 90 Minutes • \$130

■ AROMATHERAPY MASSAGE

Soothe the senses with this nurturing service. Using techniques from our Swedish massage and your choice of blended essential oils, this massage will leave you rejuvenated and stress free.

30 Minutes • \$75 | 60 Minutes • \$105 | 90 Minutes • \$135

■ DEEP TISSUE MASSAGE

This muscle massage includes a deep state of relaxation and promotes renewed energy and ease of movement. While stimulating the circulation system through deep massage techniques, stiffness and pain will slowly give way to a more soothing relief. This service is terrific for the physically active or after a long day of golf.

30 Minutes • \$90 | 60 Minutes • \$120

■ PRENATAL MASSAGE

Using a variety of techniques, this specialized massage will help melt away physical and emotional tension, ease aches and pains, and help increase blood circulation while also reducing swelling.

This massage is great for the expecting mother and her baby.

30 Minutes • \$70 | 60 Minutes • \$100

■ VICHY RAIN MASSAGE

Envision yourself in a relaxing massage under a warm, gentle waterfall. We combine a 30-minute Swedish massage with our popular Vichy Shower. This unique service, found only at the Timber Spa, will leave you feeling calm and balanced.

30 Minutes • \$80

■ HOT STONE MASSAGE

Relax while experiencing this warming massage. With the use of smooth basalt stones, muscle tension is melted away through alternating heat and manual massage.

60 Minutes • \$110

■ COUPLES MASSAGE

Add some extra relaxation to your romantic getaway. Experience the peaceful effects of a Swedish massage together in our couple's massage room.

60 Minutes • \$180



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■ **MASSAGE THERAPY (Continued)**

■ **FACE, SCALP, AND NECK MASSAGE**

Release tension and increase circulation throughout your face, scalp, neck, and shoulders. Enjoy the tranquil effects of our anti-stress lotion as you experience a combination of techniques designed to relax the muscles and help stimulate the mind. Leave all worries behind with this pampering service.

30 Minutes • \$50

■ **SOOTHING FOOT & HAND MASSAGE**

This massage will give your feet and hands the pampering they deserve. Relax and unwind as your feet are soaked in a lovely peppermint scented foot bath. Enjoy the effects of our moisturizing hand and foot creams as they are applied after your foot bath.

30 Minutes • \$60

■ **BODY TREATMENTS**

■ **HYDRATING BACK TREATMENT**

Cleanse and moisturize this neglected part of the body through antioxidants and the warming properties of paraffin wax. Paraffin, rich in vitamin E, infuses deep within the skin resulting in a visible glow. During this treatment the back is cleansed, exfoliated, and then moisturized using hydrating lotion prior to the application of the paraffin. Once the paraffin is applied, our relaxing foot massage will help melt away tension and complete your radiant transformation.

30 Minutes • \$60

■ **DETOXIFYING HERBAL WRAP**

The body is wrapped in warm linens infused with a detoxifying blend of Ginger Root, Rosemary, Allspice, Clove, and Berry Eucalyptus Leaves. During this warming wrap the face and scalp are massaged and refreshed with cool compresses to leave you with a sense of balance and rejuvenation. This is an excellent treatment as a prelude to an exfoliation treatment or on its own.

30 Minutes • \$55

■ **SEAWEED BODY PEEL**

This unique, deep cleansing peel aids in eliminating dead cells, toxins, and impurities from the skin. This algae exfoliation, combined with the soothing effects of our Vichy Shower, will leave your skin silky smooth and glowing. Refresh your mind as you enjoy our Face, Scalp and Neck massage.

30 Minutes • \$60



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■ **BODY TREATMENTS (continued)**

■ **REFINING BODY SCRUB**

Indulge the senses with our gentle botanical polish while revitalizing dull skin with this full body exfoliating treatment professionally customized for your skin type. Enjoy the soothing effects of the botanical elements together with a more youthful and glowing appearance.

60 Minutes • \$100 (Time Includes Pre/Post Consultation & Skin Type Analysis)

■ **SLIMMING BODY WRAP**

This exclusive wrap works deep within the skin to eliminate toxins and minimize the appearance of cellulite. Enjoy the invigorating effects of this green coffee wrap as you de-stress with our Face, Scalp, and Neck massage. Emerge from our Vichy Shower with your body energized and skin revitalized.

60 Minutes • \$120

■ **CUSTOMIZED MUD WRAP**

De-stress the mind, energize the soul, and relieve the body of aches and pains. This wrap is designed for your skin type and specific needs. Enjoy the relaxing effects of our Face, Scalp, and Neck massage. Our Vichy Shower is used to rinse away the mud before applying our moisturizing lotion. This personalized service will leave you feeling completely pampered.

60 Minutes • \$120 (Time Includes Pre-Consultation & Skin Type Analysis)

■ **FIRMING BODY WRAP**

Enjoy the detoxifying benefits of nature's skin firming seaweed. This stimulating wrap revives dull skin and decreases water retention. It assists in toning and firming the skin and is a great treatment during weight loss. Our soothing Face, Scalp, and Neck massage and Vichy Shower will complete this transformation.

60 Minutes • \$120

To maximize results each of the following additional services are recommended for the Firming Body Wrap.

• Anti-Cellulite Body Gel • Slimming Concentrate

15 Minutes • \$15



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■ **HYDROTHERAPY TREATMENTS**

■ **HERBAL BATH**

Soak away stress and tension as you enjoy the calming effects of this private herbal bath. Choose from a variety of our essential oils to personalize your experience. Relax and de-stress as the Jacuzzi jets massage the body into peace and serenity.

30 Minutes • \$40

■ **MOISTURIZING MILK & HONEY SOAK**

This luxurious treatment will leave your skin feeling silky, smooth, and replenished with moisture. Drift away as the massaging effects of the Jacuzzi jets complete your pampering transformation.

30 Minutes • \$45

■ **SEAWEED BATH**

Enriched with pine needle essential oil and seaweed, this aromatic treatment balances the senses while the Jacuzzi jets massage away tension and stress. This detoxifying service will leave your skin feeling toned and mineralized and your mind balanced and clear.

30 Minutes • \$45

■ **FACIALS | REGENERATE...HYDRATE...BEAUTIFY.**

Pevonia's all natural botanical ingredients are used in all of our facials to exemplify your skin care results. Customized for your specific skin type, each service includes a cleansing treatment along with toning, exfoliation, and moisturizing. Our soothing masks aid in the transformation of your skin. Our facials include a relaxing head, shoulder, arm, and hand massage.

■ **ESSENTIAL FACIAL**

Pamper yourself with this relaxing facial. This treatment focuses on the essential cleansing, exfoliating, toning, and moisturizing process. Recommended for dry, oily, sensitive, and combination skin types.

30 Minutes • \$75

■ **DEEP CLEANSING FACIAL**

This facial addresses the specific needs of problematic skin. Our botanical products will help to minimize the appearance of irritated pores while soothing the skin.

30 Minutes • \$75

■ **FIRM & HYDRATING FACIAL**

Lay back and enjoy. Paraffin, rich in vitamin E, is applied as our facial mask. This warm mask moisturizes and improves the elasticity of your skin. This luxurious treatment will leave your skin with a visible glow.

30 Minutes • \$75



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■ **FACIALS | REGENERATE...HYDRATE...BEAUTIFY. (continued)**

■ **EUROPEAN FACIAL**

This customized skincare treatment focuses on your skin's specific needs. Rejuvenate while eliminating the appearance of dull, uneven skin. Recommended for dry, oily, sensitive, and combination skin types.

60 Minutes • \$105

■ **MEN'S SKIN CARE**

This customized skincare treatment addresses men's specific skincare needs. Pevonia's products, designed just for men, will renew your face and neck with a positive visible appearance.

60 Minutes • \$105

■ **PURIFYING SKIN TREATMENT**

This facial is designed to specifically address mild to moderate acne conditions. The high concentration of natural active ingredients assists in bringing forth visible results along with extractions and deep cleansing of the skin. Soothe your skin with this revitalizing treatment.

90 Minutes • \$145

■ **ANTI-AGING SKIN TREATMENT**

This facial is designed for those concerned with the effects of aging. Our botanical products cause a visibly vibrant look while aiding in minimizing the effects of fine lines and wrinkles by increasing the elasticity of the skin. Pevonia's mask, which heats and then cools, is rich in lavender and mint essential oils. The results of this mask create a more flawless and redefined look. Experience our hand and foot massage during this treatment.

90 Minutes • \$155

■ **LUMINOUS "C" & "SEA" FACIAL**

Indulge yourself with this amazing skin treatment. We apply our "Luminous C" ampoule and freeze-dried seaweed gel before sealing the products with our elite mask. This three part mask will leave you with a more youthful appearance and helps strengthen your skin's elasticity while reducing fine lines. To complete this transforming experience we include a relaxing hand and foot massage. Emerge with a look that is luminous.

90 Minutes • \$155

■ **ADDITIONAL SERVICES**

The following are recommended as additional services to our facial treatments.

- Product Enhancing Ampoules • Youthful Lip • Oxygenating Mask • De-Stress Eye

15 Minutes • \$15 each

■ **FACIAL WAXING**

- Eyebrows • Chin • Upper Lip

20 Minutes • \$15 each